

PS100 RECUMBENT BIKE

The TRUE PS100 recumbent bike is built on a custom-designed, racetrack-inspired steel frame that is a perfect complement to any exercise facility, especially when combined with other cardio pieces in the PS series. TRUE uses the most durable materials available in this class to ensure that the PS100 will look good for the long haul. Pre-programmed workouts provide a variety of training options for users with a wide range of abilities and goals. Plus, the reclining seat back allows infinite adjustment to fit multiple body types and comfort angles.



FEATURES

- TRUE's HRC® Cruise Control to maintain your target heart rate throughout a workout
- LED Console to track distance, calories, resistance and more

SPECIFICATIONS

DIMENSIONS (L X W X H)

65" x 30" x 51" / 169 cm x 65 cm x 129.4 cm

RESISTANCE LEVELS

43

STEP-UP HEIGHT

Walkthrough Design

PRODUCT WEIGHT

155 lbs / 70 kg

COLOR

Silver/Black

CONSOLE OPTIONS



**INTEGRATED
LED**



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TECHNICAL SPECIFICATIONS	Power Source	Self-Generating
	Drive Motor	Dual Stage Drive System with Poly-V Belts
	Crank	1-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	43
	Workload Range	30-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 24 Position Settings and Infinite Reclining Positions
	Handlebar Design	Multi Position with Moisture Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
CONSOLE	Display	LED Console
	Programs	7
	HRC Workouts	1
	HRC Cruise Control	Standard
	Diagnostic	Standard
SAFETY		Reinforced Walk-Through Design
REGULATORY APPROVALS		ETL UL1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray
PHYSICAL SPECIFICATIONS	Footprint	65" L x 30" W x 51" H / 169 cm x 65 cm x 129.4 cm
	Machine Weight	155 lbs / 70 kg
	Shipping Weight	210 lbs / 96 kg
	Maximum User Weight	350 lbs / 159 kg
	Portability	2 Front Transport Wheels



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