

## PERFORMANCE 100 TREADMILL

The TRUE® Fitness Performance 100 Treadmill offers affordable quality while still providing premium technology and engineering for your home fitness needs. The Performance 100 features TRUE's Soft System® and is manufactured with commercial-grade materials and premium components. It also features the latest in fitness technology and connectivity to revolutionize the user experience, letting them easily track and manage their workouts through the GymTrakr app. Additionally, up to four users can create unique profiles and save their favorite workouts.



GymTrakr App  
Connectivity and Tracking

### FEATURES

- TRUE Soft System® decreases impact and stress on your joints, so you can run longer and farther
- HRC® Cruise Control gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout
- Includes Heart Rate Strap
- Unique profiles for up to 4 users so you can save up to 5 workouts each
- The latest in fitness app technology and connectivity with the GymTrakr App

### SPECIFICATIONS

#### DIMENSIONS (L X W X H)

79" x 32.6" x 57" / 200.6 cm x 82.7 cm x 145 cm

#### SPEED

0.5 to 12.0 MPH / 0.8 to 19.3 km/H

#### INCLINE/DECLINE LEVELS

0% to 15%

#### PRODUCT WEIGHT

297 lbs /135 kg

#### COLOR

Silver

TRUE's Soft System®  
puts less stress on your joints

### CONSOLE OPTIONS



8.5" LCD CONSOLE



## TPS100 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	230 v/15A
	Cord Length	10' / 3 M
	Drive Motor	3 HP DC continuous
	Impact System	TRUE Soft System®
	Belt	Standard
	Roller Diameter	3" / 7.62 cm
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Straddle Covers	Oversized Black Plastic
	Speed Range	0.5 MPH to 12.0 MPH / 0.8 KPH to 19.3 KPH
	Incline Range	0% to 15%
	Quick Access Control	Quick Touch Speed & Quick Touch Incline Keys
	Handrail Design	Extended Protective Foam Flared Handrails
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar Compatible
	Connectivity	App Connectivity via GEM Module prior to starting workout
CONSOLE	Display	8.5" Six Window LCD
	Workouts	Manual, Hill Intervals, Rolling Hills, Cardio Challenge , Walk and Run Intervals, Speed Ramp, 5K, 10K
	Saved Workouts (If Activated)	Console Saves Last Ten (10) Workouts Automatically, Four (4) user profiles, up to Five (5) Saved Workouts for each profile
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
REGULATORY APPROVALS		ETL UL 1647, CSA, FCC
EXTRAS	Accessories	Water Bottle Holder (2), Device Ledge, Polar® HR Strap, TRUE Water Bottle
PHYSICAL SPECIFICATIONS	Footprint	79" L x 32.6" W x 57" H / 200.6 cm x 82.7 cm x 145 cm
	Running Surface	60" L x 21" W / 152.4 cm x 53.3 cm
	Machine Weight	297 lbs. / 135 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	6.4" / 16.3 cm
	Portability	Two (2) Front Transport Wheels



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