Odtane

XRide

Offer comfortable challenges and variety in workouts with the unique Xride® recumbent elliptical, which delivers incredible effectiveness to exercisers of different ages and fitness levels.



OCTANE ADVANTAGES

- +/- 210 degree swivel seat
- Powerstroke Technology
- Side platforms
- Upper/lower-body isolation
- Active Seat Position
- Step-through design
- Simple start-up





SWIVEL SEAT

To maximize ease of entry and exit, the swivel seat turns +/- 105 or 210 degrees to comfortably accommodate exercisers.



POWERSTROKE

Facilitates leg extension to engage more muscles, burn calories and help achieve optimal results from a seated position.



CUSTOMIZED COMFORT

The Active Seat Position is designed for different size exercisers by offering multiple tilt and height adjustments for the perfect fit and superior comfort.



UPPER-AND LOWER-BODY ISOLATION

Users can complete total-body workouts, or exclusively target their upper or lower body during intervals for variety.

xR6000s Specifications

• Standard • Optional

| KEY MECHANICAL FEAT | LIDEC |
|---|--|
| Swivel seat | • |
| Side platforms | • |
| | • |
| Oversized platform | • |
| Step-through design | • |
| Oversized soft grip pedals | |
| Stationary footpegs | • |
| Seat height adjustments | 20 |
| Seat tilt adjustments | • |
| MultiGrip handlebars | • |
| Stationary handlebars | • |
| Phone holder | • |
| Water bottle holder | • |
| Tablet/reading rack* | • |
| Transport wheels | • |
| Pedal straps | 0 |
| ELECTRONIC FEATURES | |
| Apple Gym Kit** | 0 |
| Resistance levels | 30 |
| Digital contact heart rate on stationary handlebars | • |
| Wireless heart rate ready | ANT+° and Polar° |
| Fingertip controls on stationary handles | 0 |
| Console fan (3 speeds) | 0 |
| Self-powered (standard console only) | • |
| Mobile device charging via USB port | • |
| Replaceable headphone jack | • |
| CSAFE | 0 |
| CONSOLE OPTIONS | |
| Smart | 10" (25.4 cm) capacitive touch screen |
| Standard | Large LED display with integrated capacitive buttons |

| ENTERTAINMENT OPTION | IS |
|--------------------------------|-------------------------------|
| LG TV | 0 |
| Wireless 900 Mhz** | ۰ |
| WORKOUTS | |
| Number of programs | 14 |
| PRESET PROGRAMS | |
| Manual | • |
| Random | • |
| Interval | • |
| Hill | • |
| Distance goal | • |
| Calorie goal | • |
| HEART RATE-CONTROLLED PROGRAMS | |
| Fat Burn | • |
| Heart Rate Interval | • |
| Heart Rate Hill | • |
| Heart Rate Speed Interval | • |
| ADVANCED PROGRAMS | |
| 30:30 Interval | • |
| MMA | • |
| Constant Watts | • |
| Constant METs | • |
| WORKOUT BOOSTERS | |
| X-Mode | • |
| Leg Press | • |
| Chest Press | • |
| PRODUCT SPECIFICATIO | NS |
| Max user weight | 400 lbs (181 kg) |
| Footprint (W x L) | 39" x 72" (98 cm x 182 cm) |
| Product weight | 339 lbs (154 kg) |
| WARRANTY | |
| Frame | 3 years |
| Parts | 3 years |

1 year



*Smart console only **Standard console only



888-OCTANE-4 octanefitness.com

Labor