

# XFT-900 FUNCTIONAL TRAINER

## FEATURES

- **Vertical adjustment columns rotate 360° to allow unrestricted movement in multiple planes.**
- Dual weight stack design allows users to choose different resistance levels or allows for two simultaneous users.
- Pulleys adjust vertically through 65" (165cm) and 25 clearly marked positions.
- Multi-position chin bar accommodates optional suspension bracket for suspension training.
- Fold-down foot platform assists access to chin bar and retracts into frame when not in use.
- Integrated storage hooks conveniently store wide range of training accessories.
- Left and right side handles for stability during one arm exercises.
- Metal weight stack enclosures include color-coded procedure labels illustrating beginning and ending positions for 18 common exercises.
- QR code linked to online instructional videos featuring TRUE trainers.
- Weight stacks per side: 310 lb (141 kg)
- Resistance profile – 4:1
- Max Resistance at pull points: 77.5 lb (35 kg)
- Resistance increments per side: 3.75 lb (1.7 kg)
- Cable travel: 14' (427 cm) per handle
- Two (2) Optional storage trays accommodates kettlebells, dumbbells, and medicine balls.

## SPECIFICATIONS

### DIMENSIONS L X W X H

69" x 42" x 92" / 75 cm x 107 cm x 234 cm

### PRODUCT WEIGHT

1177 lbs / 535 kg

### COLOR

Powder coat finish in charcoal.

FRAME COLOR OPTIONS:

Custom Color options available.

Contact your sales representative

for more information.

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Two (2) Optional Storage Trays

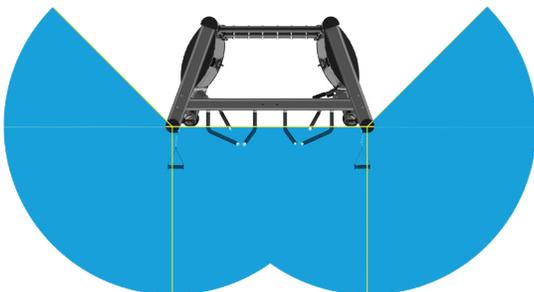
Fold-down Foot Platform

### UNIQUE ROTATING COLUMN DESIGN:

ADDITIONAL 45° TRAINING SPACE or 90° total expansion

### COMMON TRAINING SPACE:

180° around front of unit



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