

Octane Rō™

Redefining rowing. In its relentless quest to fuel exercise, Octane Fitness delivers a sleek, inviting rower that boasts innovative features and thoughtful extras that reinvent and recharge indoor rowing.

OCTANE ADVANTAGES

- Quick-release foot strap
- Dual resistance – fan and magnetic brake
- MultiGrip handlebar
- Enhanced console featuring a calorie meter
- Comfort seat
- Oversized handlebar catch
- Small footprint



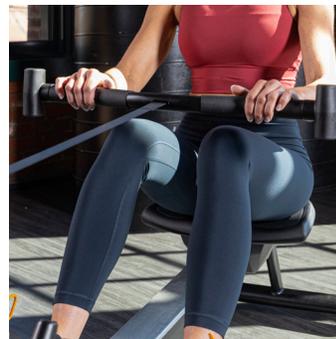
QUICK-RELEASE FOOT STRAP

This patented design enables exercisers to quickly insert their feet and pull up on the handle for a secure fit. A simple push of a button releases the strap for an easy exit.



DUAL RESISTANCE

Combined fan and magnetic brake resistance provides a broader range of intensity levels to accommodate everything from easy rows to grueling HIIT sessions.



MULTIGRIP HANDLEBAR

Multiple hand positions facilitate greater comfort, variety and more activation of chest, back and arm muscles.



ENHANCED CONSOLE

This 7" backlit LCD monitor features a dynamic calorie meter, plus real-time performance metrics, to motivate exercisers to work hard.

Octane Ro Specifications • Standard • Optional

KEY MECHANICAL FEATURES	
High-velocity fan	•
Dual resistance	Fan and magnetic brake
Quick-release foot straps	•
MultiGrip handle	•
Handlebar docking station	•
Handlebar strap	Belt
Transport wheels	•
Mobile device placement	•
Compact design	Tilt up
Storage	•

ELECTRONIC FEATURES	
Display type	7" backlit LCD
Calorie burn meter	•
Resistance levels	10
Wireless heart rate ready	Bluetooth® and ANT+*
Bluetooth® compatible for heart rate only	•
Power requirement	Generator powered
Power supply	•

CONSOLE OPTIONS	
Standard	•

WORKOUTS	
Number of programs	6

PRESET PROGRAMS	
Quick Start	•
Max 14 Interval	•
Interval	•
Calorie Goal	•
Distance goal	•
Max CIRCUIT	•

PRODUCT SPECIFICATIONS	
Max user weight	350 lbs (160 kg)
Footprint (L x W x H)	94" x 24" x 47" (239 cm x 61 cm x 119 cm)
Product weight	129 lbs (58 kg)
Seat height	17" (43 cm)
Rail length	53" (135 cm)
Storage height	93" (236 cm)
Shipping dimensions	53" x 34" x 19" (135 cm x 86 cm x 48 cm)
Shipping weight	150 Lbs (68 kg)

WARRANTY*	
Frame	3 years
Parts	3 years
Labor	1 year

*Warranty outside the US and Canada may vary. Residential warranty may differ.



Standard Console

Octane
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