

# ALPINE RUNNER INCLINE TRAINER

Climb to new heights with the TRUE Alpine Runner Incline Trainer, the ultimate in incline training. With an incline range of -3% to 30%, this range intensifies workouts like never before. Choose from a variety of programmed workouts, including TRUE's Monument Workouts. The Alpine Runner features a patented incline system engineered to reduce the load on the incline motor and reduce wear and tear.

Vertical Upper Handgrips provide support at highest incline

Incline Range -3% to 30%

Optional step available



## FEATURES

- Incline range of -3% to 30%
- A cushioning system and deck built to relieve impact on joints
- Vertical upper handgrips provide support at highest incline
- TRUE's Monument Workouts (available on Envision consoles)
- Thumb switches at the end of the handles for ease of use

## SPECIFICATIONS

### DIMENSIONS (L X W X H)

71" x 39.7" x 71" / 180 cm x 101 cm x 180 cm  
(with optional step - 81" x 39.7" x 71" / 205.7 cm x 101 cm x 180 cm)

### SPEED

0.5 - 12 MPH / 0.8-19 KMH

### INCLINE/DECLINE LEVELS

-3% to 30%

### PRODUCT WEIGHT

592 lbs / 269 kg

### COLOR

Charcoal/Black

## CONSOLE OPTIONS



**ENVISION II**  
16" Touchscreen



**ENVISION II**  
9" Touchscreen



**SHOWRUNNER II**  
16" Integrated LCD



**EMERGE II**  
LED Console



**IGNITE II**  
LED Console

## ALPINE RUNNER INCLINE TRAINER

TECHNICAL SPECIFICATIONS	Power Source	120V/20A (NEMA 5-20R receptacle) 230V/15A (NEMA 6-15R receptacle)
	Cord Length	12' / 3.7M
	Drive Motor	5 HP AC Max Drive™
	Incline Motor	Compression Elevation Motor with 1200 lbs. of Thrust
	Speed Sensor	Optical
	Deck	Double Sided Thermally Fused Laminated 1" Medium Density Fiberboard
	Reversible Deck	Reversible / Waxed
	Belt	Maintenance Free
	Rollers	3" / 8 cm Diameter Rollers with Sealed Bearings
	Impact System	TRUE Soft System™ (neoprene shock absorbers, where neoprene is a synthetic material resembling rubber, but slower to deteriorate and more resistant to oil)
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Lubrication	None
	Speed Range	0.5 - 12 MPH / 0.8-19 KMH
	Incline Range	-3% to 30%
	Decline Range	Yes (-3%)
	Bluetooth Heartrate Monitoring	Available on Envision II 22", Envision II 16", ShowRunner II and Envision II 9" consoles
	CSAFE	Yes
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
	AVAILABLE CONSOLES	Envision II 16", Envision II 9", ShowRunner II, Emerge II, Ignite II
ASSET TRACKING	EcoFit Compatible	
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
	High Incline Handrails	Standard
	Straddle Covers	Anodized Aluminum
	User Detection	User Present Detection™
REGULATORY APPROVALS	UL, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
OPTIONAL STEP	Robotically welded and reinforced steel frame, molded step with TRUE logo surface	
PHYSICAL SPECIFICATIONS	Footprint	71" L x 39.7" W x 71" H / 180 cm x 101 cm x 180 cm (With optional step 81" L x 39.7" W x 71" H / 205.7 cm x 101 cm x 180 cm)
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	592 lbs / 269 kg
	Shipping Weight	645 lbs / 293 kg
	Maximum User Weight	400 lbs / 181 kg
	Deck Step-Up Height	5" / 12.7 cm with step. 13.2" / 33.5 cm without step
	Portability	2 Rear Transport Wheels with Built in Rear Handholds
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Motor	5 Years
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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