

AB CRUNCH/BACK

The FORCE line delivers an all-inclusive solution to meet the space and budget requirements for a variety of facilities, from community centers to multi-family living to hotels or resorts.

FEATURES

- 4-position range of motion adjustment allows users to easily change between abdominal and low back exercises while remaining in the seated position
- Overhead grips and rolling back pad pre-stretch the abdominals during abdominal crunch movement and provide support throughout the entire range of motion on low back extensions
- Integrated lumbar support and large rubber coated foot platform provide support and encourage proper anatomical alignment during exercise

SPECIFICATIONS

DIMENSIONS L X W X H

52.75" x 47.5" x 57" / 134 cm x 121 cm x 145 cm

PRODUCT WEIGHT

Weight Stack Options 175 lbs / 79 kg 255 lbs / 116 kg
Machine Weight 484 lbs / 210 kg 564 lbs / 256 kg

COLOR

Powder coat finish in Charcoal
VINYL SEAT COLOR OPTIONS: Black
FRAME COLOR OPTIONS:
Custom Color options available.
Contact your sales representative
for more information.



truefitness.com | 800.426.6570 | 636.272.7100

©2021 TRUE Fitness Technology, Inc