

200 ELLIPTICAL

TRUE Fitness designs cardio equipment with the facility and their users in mind and the CS200 Elliptical captures those dynamics. The CS200 Elliptical is packaged in a powerful compact design that takes less space and delivers more than other elliptical machines. The core drive allows for safe and easy entry and exit and low step-up height. TRUE'S exclusive Cardio 360™ total body workout provide variety and guidance for any level of use.

CARDIO 360™
a guided workout to engage the upper, core, and lower body with varying resistance.

FEATURES

- Self-Generating
- Core Drive® System
- Hybrid Self-Generating Brake
- 21" Stride Length
- Non-Slip Rubber Side Steps

SPECIFICATIONS

DIMENSIONS (L X W X H)

61" x 34.5" x 85" / 55 cm x 87 cm x 165 cm

Q-FACTOR

2" / 5 cm

STEP-UP HEIGHT

9" / 23 cm

PRODUCT WEIGHT

340 lbs / 154 kg

COLOR

Black

Extended Handrails with Molded Rubber, Moisture-Resistant Grips



Non-Slip Rubber with Textured Pattern Side step design



TWO WINDOW LCD DISPLAY

Standard two window LCD display console featuring 12-15 programs, HRC Heart Rate Control® cruise control, CSAFE power.

CONSOLE OPTIONS

200 SERIES



CS200 ELLIPTICAL

| | | | |
|--------------------------|--------------------------------|--|-----|
| TECHNICAL SPECIFICATIONS | Power Source | Self-Generating | |
| | Drive System | Core Drive™ | |
| | Total Body Workout | Cardio 360 (upper body, lower body, total body) | |
| | Resistance Source | Hybrid Self-Generating Brake | |
| | Workload Range | 30 - 450 Watts | |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel | |
| | Stride Length | 21" / 53 cm | |
| | Footpad | Molded Anti-Slip with Textured Pattern | |
| | Exercise Arms | Sweat Resistant Custom Dipped Material | |
| | Handrail Design | Extended Handrails with Moisture Resistant Grips | |
| | Side Step Design | Non-Slip Rubber with Textured Pattern | |
| | Contact Heart Rate Monitoring | Yes | |
| | Wireless Heart Rate Monitoring | Polar® Compatible | |
| | CONSOLE | Display | LCD |
| Programs | | 9 | |
| HRC Workouts | | 1 | |
| Cardio 360 | | Standard | |
| HRC Cruise Control | | Standard | |
| CSAFE Power | | Standard | |
| Diagnostic | | Standard | |
| SAFETY | Side Steps | Standard | |
| | Extended Handrails | Standard | |
| | Activity Guard (removable) | Standard | |
| REGULATORY APPROVALS | | ETL UL1647 | |
| EXTRAS | Accessories | Water Bottle Holder, Accessory Tray, Tablet Holder | |
| PHYSICAL SPECIFICATIONS | Footprint | 61" L x 34.5" W x 65" H / 55 cm x 87 cm x 165 cm | |
| | Active Footprint | 72" L x 34.5" W x 65" H / 183 cm x 87 x 165 cm | |
| | Q-Factor | 2" / 5 cm | |
| | Machine Weight | 340 lbs / 155 kg | |
| | Maximum User Weight | 350 lbs / 159 kg | |
| | Step-Up Height | 9" / 23 cm | |
| | Portability | 2 Front Transport Wheels & Removable Handles | |
| WARRANTY | Warranty Classification | Vertical Market 6-8 hours usage per day | |
| | Frame | Lifetime | |
| | Parts | 5 Years | |
| | Labor | 1 Years | |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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